

Let's go **flippin'** crazy for **pancakes...**

Record Breaking...



416 flips

IN JUST 2 MINUTES

The record for most flips of a single pancake in 2 minutes is held by Ralf Laue of Germany and was made on June 6th 1997.

On Pancake Day, Brits use an unbelievable

52 million eggs...

That's 22 million more than any other day.



Hang on half a minute...

30 ÷ 2 = 15

The 2nd side of a pancake takes half the time to cook!



The Largest pancake

EVER MADE MEASURED **15 METRES** AND WEIGHED IN AT **3 TONNES**.



On average we consume two pancakes per person on Pancake Day, which means that we get through...

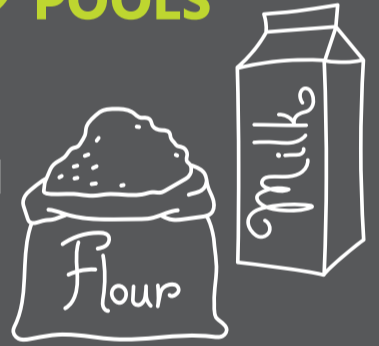
117 million pancakes IN JUST ONE DAY!



...that would require enough milk to fill more than...

93 Olympic SWIMMING POOLS

AND almost **13 MILLION KILOS** of plain flour.



Andrei Smirnov from Russia ate a colossal...

73 PANCAKES IN ONE HOUR!

That's more than one a minute.



Frying pans at the ready!

Perfect Pancake Recipe...





- 100g Plain Flour
- 2 eggs
- 300ml full fat Milk
- Butter for frying
- Pinch of salt




- Mix the flour, salt, eggs and about half of the milk in a large mixing bowl.
- Whisk well until you have a thick paste.
- Gradually add the rest of the milk, whisking until you have a thick single cream consistency.
- Heat the pan to a moderate heat and add a little oil.

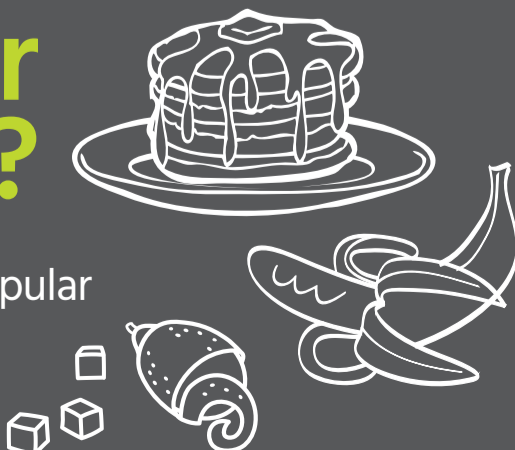
- Ladle some batter into the pan, tilting it around to spread into a nice even layer.
- Leave to cook for about 30 secs and then toss the pancake to turn and cook the other side – don't leave it too long... the second side takes about half the time to cook.

...eat, enjoy, repeat!



Sweet or Savoury?

Choose from these popular toppings and enjoy...



- Lemon and sugar
- Maple Syrup
- Nutella
- Blueberries, ice cream and Raspberry drizzle
- Chocolate, peanut butter and banana
- Ham and cheese
- Creamy chicken and mushroom